

Spring Parent Power Class Schedule 2019

A **Certificate of Completion** will be issued to students who complete classes 1 through 6 within a 6 month period. Family and children are invited and welcomed during Fall & Spring classes at Highland.

WHERE:	Highland United Methodist Church located at 1808 N. Dixie Blvd	
WHEN: Wednesday evenings	Cost: Presented free of charge	TIME: 6:00pm to 7:30 pm
6:20- 6:30 pm: Registration for Class & Children's activities	Dinner: 6:00 to 6:20 pm	
	6:30- 7:30 pm: Parenting class & Children's activities	
DATE	Class #	TOPIC
Wednesday, January 2, 2019	NO CLASS	No Class - NEW YEAR
Wednesday, January 9, 2019	Class 6	Tips for helping children and families deal with trauma
Wednesday, January 16, 2019	Class 1	Communication & Discipline
Wednesday, January 23, 2019	Class 2	Ages & Stages and Child Development
Wednesday, January 30, 2019	Class 3	Parenting as a Team
Wednesday, February 3, 2019	Class 4	Self-Esteem and your Child
Wednesday, February 13, 2019	Class 5	Tips for dealing with anger within your family (NOT ANGER MGT.)
Wednesday, February 20, 2019	Class 6	Tips for helping children and families deal with trauma
Wednesday, February 27, 2019	Class 1	Communication & Discipline
Wednesday, March 6, 2019	Class 2	Ages & Stages and Child Development
Wednesday, March 13, 2019	NO CLASS	No Class- SPRING BREAK
Wednesday, March 20, 2019	Class 3	Parenting as a Team
Wednesday, March 27, 2019	Class 4	Self-Esteem and your Child
Wednesday, April 3, 2019	Class 5	Tips for dealing with anger within your family (NOT ANGER MGT.)
Wednesday, April 10, 2019	Class 6	Tips for helping children and families deal with trauma
Wednesday, April 17, 2019	Class 1	Communication & Discipline
Wednesday, April 24, 2019	Class 2	Ages & Stages and Child Development
Wednesday, May 1, 2019	Class 3	Parenting as a Team
Wednesday, May 8, 2019	Class 4	Self-Esteem and your Child
Wednesday, May 15, 2019	Class 5	Tips for dealing with anger within your family (NOT ANGER MGT.)

CALL Centers Odessa office for more information: (432) 580-7006