



WHAT: Anger: The Basics and How to Control It

WHO: Any adult age 18+, Able to read and write in English

WHEN/WHERE: Held in Centers offices in Midland and Odessa.

CONTACT: Centers Odessa office: (432) 580-7006

TIME: 8:30am to 4:30pm (break for lunch from 12-1pm)

COST: \$100.00 (if prepaid before the class)

\$110.00 (if paid the day of the class)

FACILITATORS: Florence Pride, LPC, CART & Bryn Dodd, LPC

CURRENTLY SCHEDULED DATES:

March 2, 2019

Centers for Children and Families

3701 Andrews Hwy

Midland, TX 79703

May 25, 2019

Centers for Children and Families

835 Tower Drive, Suite 1

Odessa, Texas 79761

If the class does not “make” (are not enough participants signed up), those registered will be contacted before the class.



Program Provider